

ROYLER GRACIE

SEMINARS



about royer...

Brother of Rickson & Royce Gracie

Son of the founder of Gracie Jiu-jitsu, Helio Gracie

Competed as a black-belt for 20 years

Only person to win the ADCC Submission Wrestling Championship 3 consecutive years

Won the ADCC more times than anyone else

Four-time World Jiu-jitsu Black Belt Champion (<67kg)

Co-author of *Brazilian Jiu-Jitsu: Theory and Practice* & *Brazilian Jiu-Jitsu Submission Grappling Techniques*.

Saturday March 12th
12pm - 3pm

hosted by Gracie Jiu Jitsu
3645 Grand Avenue, Oakland, CA 94610
510.384.1010 info@rochajj.com

SIGN UP EARLY - Space is limited!